

Logan City Council
Insports Logan Health & Fitness Centres

Membership No.

FOR OFFICE USE ONLY:

	Staff member signature
Membership form signed	Photo taken
Pro rata paid/up-front fee	Screening form signed
Direct debit form returned	Referred to EP
Card issued	Medical clearance required

IMPORTANT NOTICE

This is a membership form under which you agree to become a member of Logan City Council, inSports Logan Health and Fitness. When you sign this form, you are entering into a legally binding agreement.

This agreement is made up of your membership details including any special conditions, the attached Membership Terms and Conditions and also your pre-screening details.

This form sets out your rights to use our exercise facilities and services, and the obligations you have to comply with as a member. Your responsibilities under this agreement, including payment of membership fees, do not depend on how often you use the facilities and services. You promise to tell us if at any time you believe that you may not be able to comply with your obligations under this agreement including the payment of fees, so we can discuss your options with you.

You should now take some time to read through this entire form carefully to make sure that it fully reflects your expectations. Please ask us or seek advice if you are unsure of any particular statements that are part of this agreement.

If your direct debit membership is contracted for any period of time, it will automatically continue as an ongoing direct debit membership at the end of the minimum contracted term, with all membership fees to continue to be debited from your credit card or account until you cancel the arrangement in the manner described in the membership terms and conditions. If you terminate the agreement or stop the automatic debit arrangement in a manner not described in the membership terms and conditions, then you may be liable for damages for breach of contract.

This agreement is subject to a 48 hour cooling off period.

Direct Debit Warning:

Please ensure that you cancel any direct debit authorisation for payments under this agreement when your membership ends.

Member's Signature

Date

LOGAN METRO
357 Browns Plains Rd,
Crestmead
Ph: 07 3081 6622

LOGAN NORTH
2 Sports Drive,
Underwood
Ph: 07 3541 6170

MT WARREN
2 Milne St,
Mt Warren Park
Ph: 07 3094 5401



Membership Details

The information herein is strictly confidential and is used only to assist you in achieving your fitness goals.

Fitness business Logan City Council
 inSports Logan
 PO Box 3226
 LOGAN CITY DC QLD 4114
 A.B.N. 21 627 796 435

Staff Member Name

Date

Contact person in case of emergency

Family Name

Given Name

Home Phone

Mobile

Work Phone

New Member

Mr Mrs Ms Miss Dr

Family Name

Given Name

I identify my gender as:

Male Female Other (noted below)

Prefer not to say

Date of Birth

Home Address

Home Phone

Mobile

Email

For Office Use Only

Type of Membership

GYM & SWIM	GYM ONLY
OFF-PEAK	UP-FRONT
1WK	2WK
1MTH	3MTH
6MTH	12MTH

Payment

DIRECT DEBIT

OTHER

Your membership cost is

Membership Start Date:

How did you hear about inSports?

Signage	Facebook
Radio	Flyer / Brochure
Passing by	Website
Our Logan Magazine	
Other	

MEMBERSHIP CONDITIONS

General Membership Terms and Conditions (All Members to Sign)

1. inSports Logan Gym & Swim membership types include unlimited access to all three (3) inSports Logan Health & Fitness Centres, all group fitness classes including aqua aerobics (Logan North & Beenleigh Aquatic Centres only), pool access to Logan North & Beenleigh Aquatic Centre pools only and complimentary access to casual shooting (not court hire) of Logan Metro and Mt Warren indoor courts. For a full list of included services please refer to the inSports Memberships brochure.

inSports Logan Gym & Swim 6 month Upfront discounted membership due to the Logan North Aquatic & Fitness Centre Pool Redevelopment includes unlimited access to all three inSports Health & Fitness Centres, all group fitness classes with access to aqua and pool at Logan North Aquatic & Fitness Centre only. Please note: access to Beenleigh Aquatic Centre & Pool is not included in this membership.
2. inSports Logan Gym Only membership types include unlimited access to all three (3) inSports Logan Health & Fitness Centres, access to all land based group fitness classes and complimentary access to casual shooting (not court hire) of Logan Metro and Mt Warren indoor courts. **PLEASE NOTE:** access to aqua aerobics and pool access to Logan North & Beenleigh Aquatic Centre pools is not included in any Gym Only membership types. For a full list of included services please refer to the inSports Memberships brochure.
3. inSports Logan Off-Peak membership types include limited access to all three (3) inSports Logan Health & Fitness Centres between 9am – 3pm Monday to Friday plus Saturdays and Sundays, access to all land based group fitness classes within the gyms that fall during stated off-peak times and complimentary access to casual shooting (not court hire) of Logan Metro and Mt Warren indoor courts during stated off-peak times. **PLEASE NOTE:** access to aqua aerobics and pool access to Logan North & Beenleigh Aquatic Centre pools is not included in any off-peak membership types. For a full list of included services please refer to the inSports Memberships brochure.
4. inSports Logan Health & Fitness price match / promotional / discounted memberships are gym only memberships and as such are equivalent to the gym only terms and conditions above, unless otherwise stated.
5. Under an inSports Logan Health & Fitness Gym & Swim membership type, pool access to the Logan North & Beenleigh Aquatic Centre pools is subject to the availability of the pools, based on scheduled programs and events.
6. Under any inSports Logan Health & Fitness membership type that offers casual court shooting (not court hire), access to Logan Metro and Mt Warren indoor courts is subject to the availability of the facilities, based on scheduled programs and events and may be withdrawn at any time with appropriate notification.
7. The term of an upfront membership is as stated at the time of purchase.
8. inSports Logan Health & Fitness membership is limited to persons 14 years and above. Parental permission is required for all members who are less than 16 years of age, with all membership and consent forms requiring full parental acknowledgement and signatures, confirming the ability to undertake an inSports Logan Health & Fitness membership. It is at the discretion of inSports Logan to allow members aged 16 -18 years to apply for membership under their own consent.
9. As an inSports Logan Health & Fitness member, you understand that under no circumstances are you permitted to bring children into the gyms nor are you permitted to leave children unattended in the gyms/venues at any time.
10. Upon joining inSports Logan Health & Fitness, applicants for membership may be advised that a medical certificate from a registered medical practitioner is required, prior to being granted permission to use or participate in any exercise program.
11. If the member believes there is a risk to the member's health by participating in any fitness, exercise or service provided at inSports Logan Health & Fitness, the member must inform inSports Logan Health & Fitness in writing about the risk.
12. Upon joining inSports Logan Health & Fitness, a photo is required to be taken as part of the sign-up process and is attached to a member's membership profile. This is for security purposes to validate a member's inSports Logan Health & Fitness membership as their own.
13. inSports Logan Health & Fitness memberships are subject to a 48 hour cooling off period that commences from 0530 the first day after this agreement is signed & dated. New members have the right to cancel their membership within the cooling off period if they are not completely satisfied with the services provided. All monies will be refunded on a pro rata basis, based on services utilised. All cooling off cancellations must be done in writing, by email or by completing a "DIRECT DEBIT CANCELLATION REQUEST" form found at inSports Logan Health & Fitness Receptions. If a member terminates their membership within the cooling off period there will be a \$10 administration fee. Up-front Memberships are transferable with a \$35 transfer fee.
14. Following the above stated 48 hours cooling off period, you agree that following this period, membership fees are not refundable. In the event of permanent sickness or physical incapacity, refunds may be granted on a pro-rated basis. A medical certificate from a medical practitioner must be supplied, detailing the permanent sickness or physical incapacity and stating that the fitness service offered by inSports Logan Health & Fitness can no longer be utilised.
15. As an inSports Logan Health & Fitness member, you understand that non-usage of inSports Logan Health & Fitness facilities does not allow for early termination of this agreement nor does it warrant a refund of any type. You also agree and understand that any non-usage of the inSports Logan Health & Fitness facilities does not affect any of the terms of this agreement and that Logan City Council, inSports Logan Health & Fitness is in no way responsible for your level of usage nor is it responsible to notify you of your usage at any stage.

16. inSports Logan Health & Fitness memberships may be placed on suspension. Suspension is for a minimum period of 1 month (4 weeks) and a maximum period of 2 months (8 weeks) in each year. Each year commences on the anniversary of your joining date. There is no fee for membership suspension. Only direct debit, 3, 6 or 12 month upfront memberships can be suspended. Membership suspension must be requested in writing, by email or by completing a "SUSPENSION REQUEST" form found at inSports Logan Health & Fitness Receptions. Membership suspensions will not be granted in retrospect under any circumstances.
17. All Casual Health & Fitness Multi Passes have an expiry date of 6 months from the date of purchase.
18. Membership cards must be swiped in before entering the Health & Fitness Centres or participating in any program/ classes.
19. Members are required to wear suitable clothing in the gym including fully enclosed appropriate gym footwear, shirt, and appropriate pants. Towels are to be used on equipment when in use and disinfectant wipes are to be used to wipe down equipment after use.
20. Logan City Council will not be held responsible for the loss or theft of any member's personal property whilst on the premises.
21. At inSports Logan Health & Fitness, the practice of not sharing equipment with other members is not considered fair or reasonable behaviour. As a member of inSports Logan Health & Fitness, you accept to show respect to all inSports Logan Health & Fitness staff, all fellow members and equipment at all times. Entry to inSports Logan Health & Fitness may be refused or members may have their memberships cancelled if found using abusive or threatening language or behaving in a threatening way, or found to be under the influence of drugs or alcohol.
22. Following the expiry date of an inSports Logan Health & Fitness membership, members are required to complete new membership forms upon resigning / renewing their membership with inSports Logan Health & Fitness, for any membership type.
23. By signing below, the member accepts all of the above inSports Logan Health & Fitness membership terms and conditions in their current form and agrees to abide by them. If the member chooses to renew their membership at any time or chooses to alter their membership type, they are thereby accepting the most current terms and conditions of inSports Logan Health & Fitness membership at the time of renewal / altering their membership type. If the member does not wish to sign the above terms and conditions, inSports Logan Health & Fitness may not be able to provide the member with goods and / or services or administer a membership. Upon request, a copy of these signed membership forms can be provided to the member.

Member's Signature

Date

Direct Debit Membership Terms and Conditions (Direct Debit Members to Sign Only)

24. All direct debit payments for inSports Logan Health & Fitness direct debit memberships are controlled through "Ezidebit", who are an external direct debit service provider for Logan City Council, inSports Logan Health & Fitness.
25. inSports Logan Health & Fitness offers a single direct debit membership for Gym & Swim, Gym Only and Off-Peak membership types. All direct debit memberships are ongoing memberships with a minimum 30 day term, due to 30 days written notice required to cancel a direct debit membership.
26. In accordance with a direct debit request via Ezidebit, fees / charges apply to all inSports Logan Health & Fitness direct debit membership types. All fees and charges associated with direct debit memberships are as per stated on the direct debit request form.
27. In accordance with a direct debit request via Ezidebt, the nominated card / account holder is required to sign the direct debit form to authorise all direct debit transactions. inSports Logan Health & Fitness is in no way responsible for a members personal bank account nor is it responsible to keep track of any direct debit transactions that occur from a members personal bank account over the course of a member's membership.
28. All inSports Logan Health & Fitness direct debit membership types require an initial pro rata amount to be paid upfront, over the counter via cash or card. The pro rata amount is required to be paid during the membership sign up process. Depending on the day of signing, a pro rata amount may or may not include the next fortnight in advance.
29. Under any inSports Logan Health & Fitness direct debit membership, members are required to provide 30 days' notice for cancellation of direct debit. Notice must be given in writing, by email or by completing a "DIRECT DEBIT CANCELLATION REQUEST" form found at inSports Logan Health & Fitness Receptions. Phone calls will not be accepted as notice of cancellation.
30. Cancellation of any inSports Logan Health & Fitness direct debit membership currently under suspension, as per General Membership Terms & Conditions no.16, is subject to immediate reactivation and the 30 day minimum notice provisions outlined for this membership type.
31. inSports Logan Health & Fitness reserves the right to cancel an ongoing direct debit membership in the event of 2 consecutive dishonoured payments or non-compliance to inSports Logan Health & Fitness membership terms and conditions.
32. By signing below, the member accepts all of the above inSports Logan Health & Fitness Direct Debit membership terms and conditions in their current form and agrees to abide by them.

Member's Signature

Date

Privacy Collection Notice (All Members to Sign)

Logan City Council is collecting your name, address, date-of-birth, phone number, email address and emergency contact details, in order to process new gym memberships and make contact in case of an emergency. This information will only be accessed by employees and/or Councillors of Logan City Council and the Service Providers contracted to conduct activities as part of inSports Logan Health & Fitness programs and classes. Your information will not be given to any other person or agency unless you have given us permission to do so or we are required/authorised by law. As a member of inSports Logan Health & Fitness, you agree to receive SMS messages and Electronic Direct Mail (EDM) in relation to your membership and to inSports Logan Health & Fitness programs and events offered throughout the year. Members can opt-out from receiving these SMS messages and emails at any time.

I have read and understand this Privacy Collection Notice.

Member's Signature

Date

Waiver (All Members to Sign)

I acknowledge that I am aware there is an inherent risk of injury, death or ill health resulting from the use of the Health & Fitness Centres' facilities and services, and from the participation in exercise programs generally.

I therefore undertake to utilise these facilities and services only at my own risk and I hereby waive on behalf of myself, my heirs and executors hereafter liability against Logan City Council and its officers, employees, contractors and agents for any injury, illness, death or adverse changes in my medical condition or state of health (whether permanent or temporary), arising directly or indirectly from my use of facilities or other services provided, whether supervised or not by Logan City Council staff. I acknowledge that the services which are subject to this waiver of liability include, but are not limited to , fitness and dietary assessments, exercise programs, group fitness classes, use of the pools and all advice and directions relating to such services.

I have read and understand this waiver.

Member's Signature

Date

Pre-Screening Health Assessment Form

Membership Name

Membership Number

I understand the information below is to be used to provide me with the most appropriate personal exercise training program. Fitness assessments are recommended to help me monitor my progress.

Medical History

Do you require the services of a registered Exercise Physiologist?

Yes No

If so, which of the following applies to you

DVA Medicare Private Health
 Work Cover EPC
 Health Professional Referral

If you have you been referred by a health professional, please give details of the referral:

Do you require further information on our chronic conditions management programs?

Yes No

Do you suffer from or have you ever suffered any of the following? *(Please give details below if you select any).*

- Taking Medications
- Epilepsy
- Blood Pressure - High/Low
- Cancer
- Hernia
- Joint Problems
- Hepatitis
- Asthma
- Arthritis
- Hay Fever
- Skin Disorders
- Dizziness / Fainting
- High Cholesterol Level
- Rheumatic Fever
- Other, give details below

Medical Certificate Required for the following

- Heart / Vascular Problems
- Stroke
- Chest Pains
- Diabetes
- Operations in the last 2 yrs
- Liver / Kidney Condition
- Pregnant

Are you aware of any physical condition/s or injuries you have not already disclosed?

Daily Lifestyle

What activities or sports are you doing at present, or have done within the last 12 months?

Activity/Sport	Times per Week	Duration of Activity	Easy, Moderate or Hard

What forms of exercise do you enjoy?

What are the main benefits / goals that you would like to achieve whilst attending inSports Health and Fitness?

Do you require a written fitness program?

Yes No

To help achieve your goals sooner, would you like to employ the services of a qualified personal trainer?

Yes No

Acknowledgement Release and Assumptions of Risk

- I understand and am aware that I will be held liable for any damages or harm caused by me to any persons or property whilst at Logan City Council Venues;
- I understand and am aware that upon joining Logan City Council inSports Health and Fitness, I must first assess my own fitness level, ability to exercise & any potential health risks that may affect my ability to participate in a fitness service at an inSports Health and Fitness Centre;
- I understand that to enter the Health and Fitness Centre with a known health risk / medical condition, I am doing so at my own risk & will not hold Logan City Council, its officers, employees, contractors and agents accountable for anything resulting from the health risk / medical condition or a change of my state of health;
- I understand and am aware that any type of strength, flexibility and aerobic exercise, including the use of equipment has inherent risks. I also understand that fitness activities involve a risk of injury and even death and that I am voluntarily participating in these activities and using equipment and machinery with knowledge of the danger involved. I hereby agree to expressly assume and accept any and all risks of injury or death;
- I have read and understood the questions in this form and that I have answered the questions honestly and to the best of my knowledge and ability;

Before signing this document I have read and understood it and know that it affects my legal rights

Member's Signature

Date

Staff Signature

Date

